



Chew & Bash



Phnom Penh
Island Club

MENU



David Urupin
Head Chef

Our kitchen offers a unique fusion between east and west, created with passion, attention to detail and premium ingredients. Please enjoy your meal.

SIG = signature dishes

v = vegetarian

vv = vegan

Prices are in USD and include 10% VAT and 5% PLT.

*If you can not find your perfect option,
we are glad to adapt an item to your taste.*

APPETIZERS

Grilled Vegetable Skewers **vv**

With nuts and pesto

6.5

Deep-Fried Cauliflower **v**

With romesco sauce, Parmigiano, nuts and home-made teriyaki sauce

6.5

Mixed Bruschettas

5 pieces: salmon, slow cooked beef, roast beef, hummus and tomato

7

Meatball Tapas

In Napolitana sauce, with garlic bread

7.5

Salmon Tartar

With capers, served with papadam chips

8.5

SIG - Shrimp Tartar

With tiger milk, passion fruit juice and green basil, served with papadam chips

8.5

Bell-Pepper Hummus with Tenderloin Strips

With caramelized leek, tomato juice, served with tortilla chips

12



Mixed Bruschettas



Salmon Tartar



Bell-Pepper Hummus with Tenderloin Strips



Mixed Green Salad

SALADS

Mixed Green Salad **vv**

With lemon-honey olive oil dressing

7.5

SIG - Crispy Eggplant Salad **v**

Romaine and iceberg salads, red tomatoes, cream cheese-feta mix, fresh coriander and sundried tomato sauce

8

Detox salad **vv**

Avocado, cherry tomatoes, pumpkin, carrots, fresh spinach, rocket & iceberg salad, beetroot, black olives, radish and peanut sauce

8.5

Caesar Salad

Chicken breast with romaine leaves, quail eggs, cherry tomatoes, Parmigiano, croutons, Kampot pepper and Caesar dressing

9

Khmer Style Roast Beef Salad

Fresh vegetables and sweet potatoes

9

Seafood Salad

With Tom Yum sauce

9.5



Seafood Salad



Roast Beef Salad

SOUPS & STEWS

Chicken Soup

With home-made pasta and quail eggs

8

Coconut Seafood Soup

With shrimps, calamari, fish and mussels, served with rice

11.5

PASTA (Home-made)

Meatball Pasta

With Napolitana sauce

11

Seafood Pasta

Calamari, shrimps, corn, Tom Yam sauce, cream cheese, green basil, olive oil

12

Pasta Puttanesca

With shrimps, capers, bacon, spinach, olives, onions, garlic, green basil, sundried tomatoes, butter, Napolitana sauce and micro greens

13

Beef Pasta

Slow cooked beef with home-made pasta, pepper-ginger jam, fresh spinach, demi-glace, butter and mixed scrambled nuts

13

SIG - Beef Ravioli

With dried jamón, Kampot pepper, with dry aged cheese

14



Chicken Soup



Putanesca



Meatball Pasta



FISH & SEAFOOD

Kimchi Fried rice

With seafood

8.5

Grilled Mekong Fish

Filet, with broccoli, green beans and white wine sauce

12

Salmon Steak

With grilled vegetables, salad, with sundried tomato and spicy sauces

18

SIG - Grilled Octopus

With baby potatoes, capers and baked bell pepper sauce

19



MEATS

Chahohbili Chicken

With tomato-coriander sauce, garlic bread

9

Teriyaki Chicken

With rice, broccoli and cauliflower

9

Chicken Burger

Crispy, juicy chicken nugget, fresh tomato and salad, pickled cucumber, honey-mustard sauce, French fries

9.5

Beef Patty

On mashed potatoes with gravy

11

Chew's Burger

Beef-pork patty, romaine lettuce, Parmigiano, bacon, tomato, cucumber, home-made barbecue and mustard-sriracha sauce, French fries

12

Bibimbap

Rice with beef, kimchi, carrots, spinach, mushrooms, soybeans, green onions, garlic, sesame seeds, micro greens, topped with an egg and house sauce

12

Beef Rendang

With chili, onions, ginger, garlic, tomatoes, coconut sauce, with steamed rice

12

Roasted Pork Ribs

Slow cooked au jus, with garlic-roasted Boulanger potatoes and micro greens

12



Duck Breast with Glazed Apples

Porto sauce, with frozen blackcurrant and herbal olive oil

14

Duck Leg Confit

With sweet potato purée, caramelized onions, hoisin sauce, papadam chips, passion fruit sauce and micro greens

14

Sizzling Fajitas

Beef, bell pepper, red onions, jalapenos, paprika, coriander, garlic, lemon; served with flatbread

15

SIG - Lamb Shank

In its demi-glace on tomato-orzo pasta

22

Tenderloin Steak

Imported beef, with baby potatoes, carrots & red onion, baked bell pepper; Kampot pepper or home-made BBQ sauce

27

Rib Eye Roll Steak

Imported beef, with fried garlic and kimchi, Kampot pepper or home-made BBQ sauce

29

EXTRA SIDES

v **Garlic Bread 3**

v **Mixed Bread Basket 4**

vv **Mixed Salad 4.5**

vv **Mashed Potatoes 4.5**

vv **Fried Baby Potatoes 4.5**
with onions

vv **Kimchi 4.5**

vv **Truffle Fries 5**
with Parmigiano

v **Cauliflower Popcorn 5.5**
with tzatziki



Antipasti Platter



Seafood Platter



Mixed Grill Platter

SHARING PLATTERS

SIG - Antipasti Platter 29

Smoked duck breast, Spanish ham, roast beef, Parmigiano, feta cheese, bell pepper hummus, artichokes, sundried tomatoes, Kalamata olives, pickled cucumbers and capers

Seafood Platter 39

Grilled lobster, squid, octopus, Mekong fish, mackerel, shrimps, mussels, with vegetable sticks, with white wine and Koh Kong sauces

Mixed Grill Platter 39

Chicken thighs, duck breast, beef patty, beef rendang, minced lemongrass pork skewers, with pickled cucumbers, capers, pita and garlic bread



Lamb Shank



Tenderloin Steak



Rib Eye Roll Steak



Duck Breast



Duck Leg Confit



Fruit Platter

DESSERTS

Ice Cream scoop **3**

Chocolate, vanilla, strawberry, coconut

Coconut Balls **6**

With coconut ice cream and peanuts

Sticky Rice with Fresh Mango **6**

With coconut ice cream

Fruit Platter **7.5**

Mixed seasonal fruits

Cheesecake **8**

With blackcurrant sauce and fresh berries

SIG - Chocolate Fondant **9.5**

With vanilla ice cream and fruits



Chocolate Fondant



Cheesecake

SNACKS (available all day until we close)

Truffle Fries v 5
With Parmigiano

Edamame vv 5

Cauliflower Popcorn v 5.5
With Tzatziki

Crispy Vegetable Tempura v 6.5
Cauliflower, okra, zucchini,
eggplant, red & yellow capsicum,
with mint-garlic yogurt sauce

Chicken Wings 6.5
With home-made bbq sauce

Minced Pork Skewers 7.5
3 pcs on lemongrass,
with bread and kimchi

Duck Skewers 8
Breast, with asparagus
and home-made hoisin sauce

Currywurst 9
Smoked pork sausage, truffle fries,
with home-made curry sauce

Calamari Tempura 8.5
With lime and wasabi sauce

Fish & Chips 9.5

Large Tempura Basket 16
Fish, shrimps, mussels, calamari,
vegetables, honey-mustard and Asian sauce



CHEW'S PITACOS

Our unique interpretation of the Mexican classic:
selected house specialties served on 2 warm,
home-made pita breads

Vegetarian v 6
Crispy eggplant, iceberg salad,
tomato salsa, Philadelphia cheese,
sundried tomato sauce, coriander

Shrimp 7
Shrimps, tom yum sauce,
iceberg salad, tomato salsa, coriander

Fish 7
Dried tomato sauce, iceberg salad,
tomato salsa, coriander

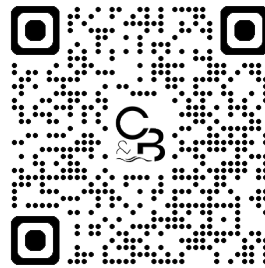
Chicken 7
Thigh, with home-made teriyaki sauce,
tomato salsa, iceberg salad, coriander

Beef 8
Demi-glace and balsamic cream.
tomato salsa, iceberg salad, coriander

Shared Pitacos 15
5 pieces with one of each

Pitacos & Tequila 25
5 pieces with one of each hugging
5 shots of tequila





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Thank you for visiting us.